

# 39th Annual Runtilla!

**What:** 5K (3.1 Mile) Run, Walk, Bike, or Rollerblade around the Eastern Shore of Bay Lake. Stay after the race for Awards and Celebration Picnic!!! Josh's Bloody Mary Bar is also available.

**When:** Saturday, August 5, 2023

**Time:** 8:15 a.m. Check In / Start 9:00 a.m. Sharp

**Where:** Check-In by the old "White Hawk" parking lot, East Shore Bay Lake

**Cost:** \$15.00 Entry Fee (includes T-Shirt, Picnic and Awards!)

**Deadline:** T-shirt orders & entry forms are due to **Hansen's** by **Mon, July 24<sup>th</sup>**  
❖ Late entry forms and race-day registration are accepted but some t-shirt sizes may not be available. Entry forms are available at Hansens or you may download at baylake.org. If you are unable to pick up your shirts at the race, they may be picked up afterward at Hansens **(Thank you Lynn!!)**

**Awards:** Awards for Female and Male Participants:

Ages: 0-10	Ages: 31-40	Ages: 71-77
11-15	41-50	78-84
16-20	51-60	85-up
21-30	61-70	

## **DON'T MISS YOUR OPPORTUNITY TO BE A RUNTILLA SPONSOR!!!**

Consider a donation of \$50, \$100, \$250 or more to the BLIA Environmental Fund and get a name of your choice on the backside of the Runtilla T-Shirt. Donors of \$250 or more will receive special t-shirt recognition and \$1,000 + donors are recognized on the shirt front. **Thank you for your support!!!!**

Please submit the name(s) you wish to have on the T-Shirt and your sponsorship donation to

**Hansen's by Monday, July 24th - All donations are tax-deductible!**

## **Runtilla Entry Form: (Submit form to Hansens)**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Home Address: \_\_\_\_\_ Number for each size of T-Shirts Desired:

City/Zip: \_\_\_\_\_  
       
S M L XL XXL XXXL

I hold harmless the BLIA and its officers, directors and volunteers or anyone connected with Runtilla '23 from any injury, accident or personal claim resulting from participation in Runtilla '23. My participation is voluntary!

Signature: \_\_\_\_\_